#### **■**Operation Hours

## <Space>

	10:00~12:30	12:30~15:00
Mon	O Age 0,1,2	
Tue	Age 2 only	Age 0,1,2
Wed	O Age 0,1,2	O Age 0,1,2
Thu	△ Age 0,1,2	O Age 0 only
Fri	O Age 0,1,2	O Age 0~6 close16:00
Sat	△ Age 0,1,2	△ Age 0,1,2

- O---Open for kis aged 0-2
- O...Open for only targeted age kids.

  Brothers and sisters are OK to come with.

#### <Group use>

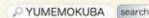
We also provide the space for a group activity. For more details, please ask our staff members.

#### ■Staff of YUMEMOKUBA

Our staff members are experienced in childcare or child raising. We periodically attend training seminars of child care support.



Our website: https://yumemokuba.net/





We also post our information on Facebook. http://www.facebook.com/yumemokuba/

#### For new visitors

Registration and explanation take 10 minutes.

Please show your registration card every time you come.





(Back side)

#### ■Operation of YUMEMOKUBA

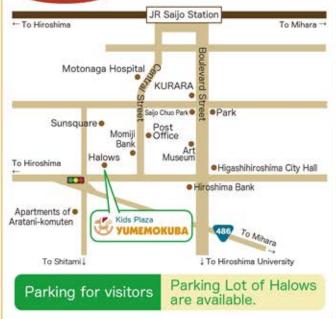
Consigned by Higashihiroshima city, NPO Kosodate Net YUMEMOKUBA runs Kids Plaza YUMEMOKUBA. We also play an active role to aim for a comfortable childraising community. Please join us!

# Kids Plaza YUMEMOKUBA

28-30 Saijonishihonmachi, Higashihiroshima city, Hiroshima 〒739-0043

TEL 082-431-3350/082-436-3210 FAX 082-431-3350

# Access Map



# Kids Plaza Higashihiroshima YUMEMOKUBA



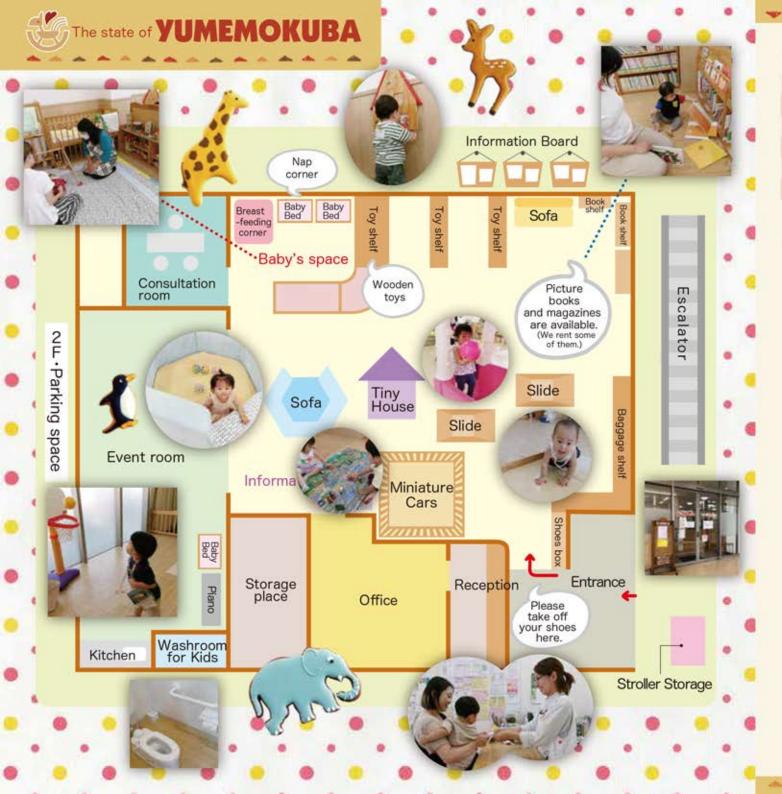
# Support your child-raising life comfortably and leisurely!

Kids Plaza YUMEMOKUBA is the place where parents and children at the age of 0-3 can spend a relaxing time.

Please follow the guidelines for everyone to have a fan time.



https://yumemokuba.net



# ■ Daily schedule

10:00	OPEN Free
11:30~11:45	Special time(Only Mon,Friday)
12:00	Free
12:00~13:00	Free space is available lunch.
14:50	(Music) Cleanup
15:00	Close(Friday16:00)

#### ■ Lectures and Events

YUMEMOKUBA supports to build relationship among parents through various experience and learning about child raising.

## Lectures

\*Professional advice (Mini-lecture)
Advice from dental hygienist or pediatrician
Consultations with public health nurse or registered dietician
Consultations with clinical psychotherapist or Midwife
Consultations with nursing professor

\*Nutrition education Cooking with kids

\*Others

## Events

- \*Suku Suku Day [Original growth record card with handprint] 10:00 - 11:30 on the 2nd and 4th Thursdays
- \*Welcome pregnant mothers to 0-year-old space PM on the 3rd Thursday.
- \*Family yoga
- \*Baby massage
- \*Music care
- \*Story telling, Concert
- Some events need participation fees or material costs.

